

COVID-19 Policy Version 2

The aim of this policy is to maintain the safety of our patients, our physiotherapists and the wider community. It highlights what can you expect from us and what we expect from you.

Clinic attendance:

When attending the clinic, please inform us if you wish for us to wear a facemask.

Before your treatment session the physiotherapist will clean all contact surfaces (door handles, treatment couch, chairs, light switches, models) with anti-bacterial wipes. The treatment couch will be covered with couch roll.

The physiotherapy team will wear personal protective equipment (PPE) in compliance with government guidelines ([Coronavirus \(COVID-19\): personal protective equipment \(PPE\) hub - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/coronavirus-covid-19-personal-protective-equipment-ppe-hub)).

We will aim to leave a 2m space but assessment and treatment techniques may mean that we need to touch/be nearer to you.

After your session the couch roll will be removed and disposed of. The couch and all contact surfaces will be cleaned with anti-bacterial wipes and then PPE will be disposed of safely. Adequate time will be left between patients to allow for the room to be cleaned and aerated.

At the end of each day physiotherapy uniform will be washed on the hottest cycle that is advisable for the uniform (60 degrees minimum).

Please do not attend your appointment if you have any of the following symptoms:

- **A fever of 38 degrees or over,**
- **cough,**
- **shortness of breath,**
- **loss of taste or smell,**
- **sore throat,**
- **headache or**
- **fatigue.**

If you develop any of these symptoms in the 5 days following your appointment then please notify us immediately.

We have done everything we can to reduce the risk to you and our physiotherapists.

Unfortunately, there is no way of eliminating the risk of you contracting COVID-19.

CHAPERONES

If you would like a professional chaperone to attend the clinic then this can be arranged in advance. Unfortunately, we cannot guarantee that there will be a chaperone available if requested at the time of your appointment.

INTERPRETERS

Unfortunately, we cannot provide private interpreters for assessment and treatment sessions. We are able to accommodate interpreters that you, the client, have arranged privately.